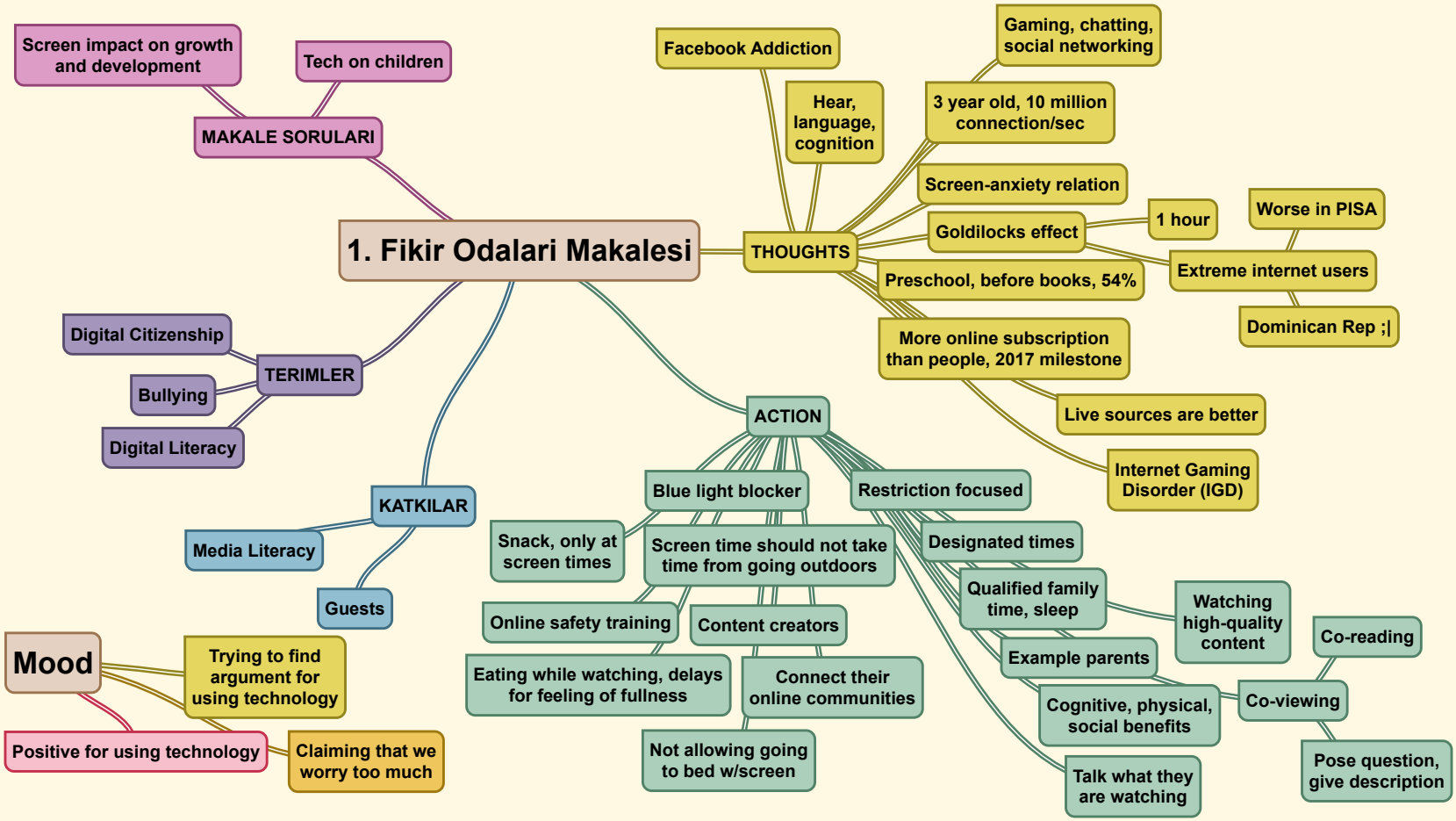
1. Fikir Odalari Makalesi
MAKALE SORULARI
Screen impact on growth and development
Tech on children
TERIMLER
Digital Citizenship
Bullying
Digital Literacy
KATKILAR
Media Literacy
Guests
Mood
Trying to find argument for using technology
Positive for using technology
Claiming that we worry too much
THOUGHTS
Facebook Addiction
Hear, language, cognition
3 year old, 10 million connection/sec
Gaming, chatting, social networking
Screen-anxiety relation
Goldilocks effect
1 hour
Worse in PISA
Extreme internet users
Dominican Rep ;|
Preschool, before books, 54%
More online subscription than people, 2017 milestone
Live sources are better
Internet Gaming Disorder (IGD)
ACTION
Blue light blocker
Restriction focused
Snack, only at screen times
Screen time should not take time from going outdoors
Designated times
Qualified family time, sleep
Watching high-quality content
Online safety training
Content creators
Co-reading
Example parents
Eating while watching, delays for feeling of fullness
Connect their online communities
Cognitive, physical, social benefits
Co-viewing
Not allowing going to bed w/screen
Talk what they are watching
Pose question, give description